# HAVERFORD

SPEAKER SERIES

for

WOMEN





#### **Self-Promotion**

## How do you feel about Self-Promotion?





## Why Self-Promotion?

#### Decision makers need to know:

- What are your aspirations?
- Do you take initiative?
- Do you understand the business?





#### **How Do I Self Promote?**

- Be aware of how you are "Showing Up"
- Build a Strategic Network
- Preparation, Practice and ACTION!





#### **Your Visual Message Counts**

- How You Look
- Eye Contact
- Posture/Stance
- Handshake



## What is your body language communicating?



## **Your Visual Message Counts**













## **Your Vocal Message Counts**

- Speed
- Volume
- Pitch and Tone
- Conviction and Enthusiasm



## People may not listen to you if the VISUAL and VOCAL are lacking!



## **Your Verbal Message Counts**

#### **Bragging/Boasting**

- I made this deal happen...
- I've got the best way to...
- I'm a shoe-in for this promotion
- They couldn't have done it without me

#### **Objective Accomplishments**

- While leading the team I was able to...
- One way that's worked for me...
- We were so pleased with the results
- I enjoyed having a pivotal role...



## **Your Verbal Message Counts**

#### Do you say?

- You might not agree with me...
- I'm not sure if this is a good idea but...
- Maybe I can offer something...
- Would it be okay if...

#### Replace with...

- After reviewing the materials, I believe...
- Here's an idea about...

I recommend that...

Let's move forward on...



## **Your Verbal Message Counts**

Are you Speaking UP??





## **Strategic Networking**

- Mindful approach to your network
- Gather important information
- Build allies and relationships



Authentic and Successful Networking is driven by "How can I Help?" NOT "What can I Get?"



#### Ask Yourself if You...

- Have a variety of contacts
- Raise your hand to join a task force or project team
- Are actively involved in a professional association
- Make introductions/connect people
- Allocate time to network





#### **Be Prepared**

## Always be prepared to concisely share what you are "up to" – with confidence!





#### Practice...

For a spontaneous encounter with a business leader or colleague in order to briefly share:

- Your role/area of expertise
- Recent accomplishment that you are proud of
- Something you are presently involved with/working on





#### Moving Ahead...

- Be aware of how you are "showing up"
- Assess your network make it strategic
- Be prepared to share what you contribute!



# Make a Commitment Put Self-Promotion In Motion!



## THANK YOU!

Shelley Potente, MA<br/>
SVP & Managing Director

spotente@the-leaders-edge.com



Let's continue the conversation...

Search LinkedIn Groups for: The Leader's Edge/Leaders By Design

# HAVERFORD

SPEAKER SERIES

for

WOMEN